

Recipe Name: _____ Yield / Serves: _____

Contributed by: _____

Tel: _____ E-mail: _____



PLEASE TYPE OR PRINT



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E-MAIL RECIPES TO IFArecipes@yahoo.com

Category: Beverages Appetizers Soups & Salads Breads & Rolls
 Side Dishes Main Dishes Desserts

Ingredients: Please do not use abbreviations.

No	Amount	Unit Size/ Measurement	Ingredients in order of use
<i>Ex:</i>	<i>1</i>	<i>Tablespoon</i>	<i>Sugar</i>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

METHOD/ DIRECTIONS:

Personal Note/ Comments/ stories related to recipe (375 characters only):

For Office Use Only

Edited By _____

Date _____